

Register Now!

Saturday, October 29
11 a.m.

Allan Yorke Park at Lake Tapps
7203 W. Tapps Hwy.
Bonney Lake, 98391
Registration opens at 10:00 a.m.

TAKE THE PLUNGE! AGAINST DOMESTIC VIOLENCE



Take the Plunge! We Dare You!

- Take the Plunge* - \$50
- Youth Splash* - \$25
- Immunity Plunge* - \$75

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Take the Plunge against Domestic Violence is a unique opportunity for individuals, organizations and businesses to support our homeless families by jumping, walking, or splashing into the frigid waters of Lake Tapps. This event is open to the public and free for spectators. Register for the category that best fits you and bragging rights for taking the plunge.

Go to www.ExodusHousing.org for more information, rules, and registration.

REGISTRATION FORM

NAME _____ GENDER M F AGE _____

ADDRESS _____ CITY ZIP _____

TEAM NAME: _____ PHONE: _____

EMAIL _____ @ _____

Indicate T-shirt Size

_____ Take the Plunge \$50 _____ Immunity Plunge \$75 _____ Youth Splash \$25

_____ YL _____ AS _____ AM

To guarantee your t-shirt, you must submit your form and a minimum of \$50 in donations before the October 24.

_____ AL _____ AXL

_____ A2XL _____ A3XL

Hold Harmless Agreement: I assume all risks and hazards incidental to participation in the Exodus Housing PLUNGE and do hereby waive, release, absolve, and indemnify, and hold harmless Exodus Housing, the City of Bonney Lake and sponsors for any claim arising to myself and/or my child. I give my permission for photographs, video, electronic images or other reproduction taken at the event in which my image appears, to be used for promotional and/or advertising purposes by Exodus Housing. In absence of signature, payment of fee and participation in the PLUNGE shall constitute acceptance of the conditions set forth in this release.

Signature of Participant

(Parent if under 18)

Date

Send Registration Form and Check Payable to: Exodus Housing, PO Box 1006, Sumner WA 98390.

Or go the website, www.exodushousing.org for more information, rules, and registration.

CREDIT CARD INFORMATION



Credit Card Number

EXP DATE

CVV

Please print name of cardholder

Total due \$

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7203 W. Tapps Hwy., Bonney Lake 98391



RULES

- The event will be held at the Allen Yorke Park in Bonney Lake.
- Pre-registration pickup and On-site Registration starts at 10:00 a.m.
- Must be healthy to participate.
- All plungers must sign a waiver or have a parent's signature for plungers 17 and under.
- Shoes or water shoes are required during the plunge.
- Diving headfirst is not permitted.
- Wet or dry suits are for chickens!
- Plungers must wear the wristband provided at registration to enter the Plunge zone.

TIPS

- Arrive early! Everyone will be eager to get in the water!
- Bring a robe or an extra towel. You can wear it while you wait in the plunge area and drop in just before you enter the water.
- Plunge as a team ... it's more fun!
- A warming hut will be on site to warm you before and after the plunge.
- The Plunge is not responsible for lost or stolen property. Leave valuables at home!
- We will have photographers to take photos of the event.

REGISTRATION CATEGORIES

- **Take the Plunge** - \$50 includes an event t-shirt that gives you plunge bragging rights that you took the plunge and donation to Exodus Housing. Plungers may jump off the dock or wade into the water at the plunge zone.
- **Youth Splash** - \$25 for those in high school, middle school, or elementary school who take the Plunge.
- **Immunity Plunge** - \$75, designed for those who want immunity from taking the Plunge or dipping their toe in the water. These participants receive a t-shirt and an immunity button. Your button will stave off any challengers who are taunting you to plunge.
- **To guarantee an event t-shirt you must submit your form and a minimum of \$50 in donations by the October 24. There will be additional incentive prizes as well as prizes for the team that raises the most money, the best individual and team costumes, and teams with the most plungers.**

Thank You Supporters!

Join our crazy, zany event as we raise funds to support our mission. Your efforts will make a big difference in the lives of the children and the homeless families we serve. The mission of Exodus Housing encourages independence, empowerment and self-sufficiency for homeless families impacted by domestic violence through transitional housing, individualized supportive services, and community awareness in Pierce and South King Counties. Your participation and donation will help fund the basic needs and recovery services for the families we serve.



There will be a warming hut for those plungers and supporters of the event.

Join us by supporting our cause. Go to our website, www.exodushousing.org for more information, rules, and registration.

“Our team is already planning our costume for next year. That was awesome.”

Jan, 2010



Register at www.exodushousing.org.
Call 253-862-6808 for more information.