Welcome to the Bonney Lake Senior Center!
We provide a comfortable and warm atmosphere for the seniors of Bonney Lake and surrounding areas. There is no membership fee. The Bonney Lake Senior Center does not discriminate against any person with regard to race, national origin, gender, physical challenge or marital status. Our drop-in center offers a variety of programs for the active senior.

Center Hours
The center is open Monday through Friday 8:00 am to 4:00 pm. On occasion, we will schedule events on weekends. Please watch the monthly calendars for those dates.
Senior Services Manager ~ Sue Hilberg
hilbergs@ci.bonney-lake.wa.us

Senior Aide ~ Jan Smith
smithj@ci.bonney-lake.wa.us

Senior Aide ~ Phil DeLeo
deleop@ci.bonney-lake.wa.us

Lead Cook ~ Valerie McLean
mcleanv@ci.bonney-lake.wa.us

Assistant Cook ~ Pam Camp
pamc@ci.bonney-lake.wa.us

Facility Monitor ~ John Alford
alfordj@ci.bonney-lake.wa.us

Facility Monitor ~ Nell Snodgrass
snodgrassn@ci.bonney-lake.wa.us

President ~ Sherry Creson
Vice-President ~ Nell Snodgrass
Treasurer ~ Jim Baisch
Assist. Treasurer ~ Betty Filsmyer
Secretary ~ Anita Chandler
General Board Members ~ John Alford, Wayne Johnson, Nadine Willadson, and Joyce Thomas
Alternates ~ Jane Hurley, Russ Bartels

The Senior Advisory Board members work closely with staff to help with a variety of tasks. The Senior Advisory Board, and their volunteers, assist with many fundraising events throughout the year which enables them to help supplement senior foot care, provide funds for special events, work with the Bonney Lake Kiwanis to help seniors with basic household chores and repairs, and give monetary donations to the local Lions 4 Kids House, Bonney Lake Food Bank and Sumner School District to help provide school supplies for low income students. These are just a few of the things the Advisory Board does. If you are interested in learning more you are invited as a guest to observe their monthly meetings which are held the second Tuesday of each month at 1:00 pm.

The Senior Center staff would like to thank the Senior Advisory Board for all the hard work, dedication and support they give.
Daily meals are served at 11:45 and you don’t need to make a reservation. Special events such as Valentine’s Day, Mardi Gras, St. Patrick’s Day and Easter all need reservations. For reservations please refer to the programs binder in Jan and Phil’s office.

Sunshine Lady
Our sunshine lady is Jane Hurley. Jane sends out get well and sympathy cards to our members. Please let her know if one of our friends from the Senior Center is ill so that she can brighten their day with a cheerful card. Thank you Jane! Thanks, also, to our previous sunshine lady, Kathy Nelson. Great job, Kathy!

Senior Information and Referrals
The Bonney Lake Senior Center staff is available daily to help you find assistance or information on a variety of issues. Do you need information on housing, utility assistance, support groups, Medicare updates, legal support, etc? We can help, just ask!

Donations
The Senior Center is very lucky to receive donations like breads, pastries, and other household items from Safeway and other donors. These items are for you to take home. We ask for your consideration towards others in only taking what you can use. Donations are available to pick up from 10:00am and 4:00pm only.

Medical Supply Lending Closet
Assistive equipment is any kind of tool or device that can help simplify care giving or make the environment safer for an ill, disabled, or elderly person. Here are some of the more common types of assistive equipment that we have on hand to loan: wheelchairs, walkers, canes, crutches, tub/shower chairs, portable commodes and toilet risers. There is no cost to borrow any of our medical equipment.

Display Case
The staff loves to display collections brought in by our members. If you have a special collection, please see Jan to schedule a convenient time to bring it in.

Facility Rental
The Bonney Lake Senior Center is available to rent for private events. Please call to speak with a staff member for further details at 253-863-7658.

Volunteer Opportunities
The staff always welcomes the assistance of volunteers. We are looking for instructors for craft classes, help in the kitchen, setting up for special events, and more. If you would like to sign up to become a volunteer please see any staff member. Be sure to ask about the R.S.V.P. program. You can get reimbursed for your travel expenses.

Daily Lunch Program
We serve a home cooked meal Monday through Friday complete with salads. Suggested donation amounts vary depending on the meal. Please see the meal prices outlined in the Tidbits from the Kitchen section. Lunch is served at 11:45 am each day and lunch service ends at 12:15 pm. Daily menu items are subject to change, please check menu board for changes.

Van Service
Free van service is offered to and from the Senior Center Monday through Friday. We ask that you call 253-863-7658 the day prior to your desired pick up to ensure that your name is on the pickup list. Messages are checked each day at 8:00 am so please leave a message if you call after hours. Note: Please be ready by 9:00 a.m. for pick up.
SPECIAL EVENTS & SERVICES

Please be sure to sign up for all special events in the Programs Binder.

Valentine's Day
Thursday February 12th
Cost: $6 Please see a staff member to prepay.
Join us to celebrate our friendships old and new! Join us for a lovely day with food, friends and enjoy the accordion music of Jim Lapsansky!

Mardi Gras
Tuesday February 17th
Cost: $6 Please see a staff member to prepay.
Mardi Gras, or “Fat Tuesday”, is the last day of the Carnival season. It is a day when people eat all they want of everything and anything they want. Join us as we celebrate with great food, friends and the music of Yesterday's Soup and Crackers!

Chinese New Years
Thursday February 19th
Cost: $6 Please see a staff member to prepay.
Help us ring in the “Year of the Goat”. Join us as we celebrate with great food, friends and the music of Community Blends!

St. Patrick's Day
Tuesday March 17th
Cost: $6 Please see a staff member to prepay.
St. Patrick's Day is celebrated on March 17, the saint's religious feast day and the anniversary of his death in the fifth century. The Irish have observed this day as a religious holiday for over 1,000 years. On St. Patrick's Day, which falls during the Christian season of Lent, Irish families would traditionally attend church in the morning and celebrate in the afternoon. Lenten prohibitions against the consumption of meat were waived and people would dance, drink and feast--on the traditional meal of Irish bacon and cabbage. Come enjoy the feast and great music.

Easter
Friday April 3rd
10:00 am
Cost: $6.00 per person
Please see a staff member to prepay.
Come join us for our annual Easter egg hunt! Celebrate Easter as we enjoy a day filled with fun and friends. Wear your Easter Bonnet for the parade and show off your style. Bunny ears are welcome!

JULIETS “Just Us Ladies Interested n’ Eating Together”
1/21 at 4:30pm @ Midtown Grill
2/18 at 4:30pm @ New Peking Restaurant
3/18 at 4:30pm @ Mazatlán Restaurant
Join the Juliet’s for dinner on Wednesdays. Enjoy a meal and meet new friends. Please sign up in the programs binder.
Transportation for this activity is on your own.

Free Haircuts by Jan Hallock!
Friday 1/16, 2/20, 3/20
9:30am – 2:00pm
Please sign up in the programs binder for your appointment and arrive with freshly washed hair.

Eyeglass Frame Repair
Over 1 million replacement parts – most repairs completed while you wait – mail in services available – no appointment needed – 3 locations to serve you.
Tacoma 253-583-8525
Federal Way 253-235-5169
Puyallup 253-268-0684
www.USeyeglass.com
Locally, stop in and see Deanna at Cascade Eye in the three-story medical building on South Prairie Road. Tell her you are from the BL senior center, and in most cases her repairs are free.
FREE Tax Preparation for 2014 Tax Reports
Each Thursday Mid-January through April 9th
Back by popular demand Cyndi will again be offering her tax expertise to our seniors. She will be holding one-hour appointments each Thursday morning from January 15th through April 9th. Sign up early in the Programs and Activities binder.

Free Tax Preparation with South Sound Outreach
Wednesday Feb 18th and March 18th 9am-1pm
Call South Sound Outreach to schedule appointment at 253-593-2111 Ext. 112.

PHIL’S TRIPS

Program & Trip Policies
All trips and programs are to be paid for at time of sign up. All trip reservations will be for participants 55 or over only. Participants 55 and over may have their trip subsidized by the Senior Advisory Board. This decision is made on a trip by trip basis and will be made at the discretion of the Manager and the Advisory Board. 48 hours prior to departure any available seats will be open to participants under 55 at full cost. All participants are required to have a current membership card. If a trip participant requires a caregiver to accompany them on the trip, the caregiver must pay full price if under 55. The Bonney Lake Senior Center reserves the right to evaluate any trip participant as to the appropriateness of a trip for their participation. We also reserve the right to ask any person to leave if their behavior is inappropriate or incompatible with the interests or safety of the group. Any questions regarding these policies should be directed to Sue. When attending a trip, we ask that you please dress appropriately for the weather and wear comfortable walking shoes.

Please be sure to sign up for all trips in the appropriate Trip Binder located in the Senior Center office.

Monday January 19th
Model Railroad Show @ Pacific Science Ctr.
This is a Bonney Lake Senior Center bus trip
Leaving lot behind Senior Center at 8:30 a.m. Return at 4:30 p.m. on Monday. Cost: $10 for Transportation; $18 for admission, payable to BLSC at sign-up. This is the PSC’s 41st Annual Model Train Show. Enjoy great layouts representing local area landmarks, learn railroading history, and understand the fascinating world of model railroads and trains. Admission covers all aspects and venues of the Pacific Science Center, so you can visit other exhibits, too. Lunch on your own.

Thursday January 22nd
Glass Blowing Experience at Tacoma Glassblowing Studio
This is a Heritage House bus trip
Leaving Senior Center at 11:00 a.m. Returning at 5:30 p.m. Lunch at Freighthouse Square. Cost: $5 for Transportation; $50 for your glass art piece. Pay $5 at sign up; $50 at the studio.

Saturday January 31st
Trip to Village Theater to see “Around the World in 80 Days”
This is a Heritage House bus trip
Leaving Senior Center at 11:30 a.m. Saturday. Returning at 5:30 p.m. Cost: $4 for Transportation; $56 for admission. Pay $60 at sign up. Only 9 tickets purchased. We will stop for lunch in Issaquah. Meals on your own.

Based on Jules Verne’s popular novel, this is the hilarious story of Phileas Fogg’s whistle-stop journey to satisfy a wager and circumnavigate the world in eighty days. But with bandits, a damsel in distress, and transportation problems around every corner, will he be able to make the deadline? Danger, romance, and comic surprises abound as this adventure is cleverly brought to the stage with five extraordinary actors performing all 39 different characters from around the world.
Saturday, February 7th
LeMay Auto Museum and Lunch at Freighthouse Square
This is a Senior Center bus trip; parking behind BL Senior Center.
Leaving Senior Center at 9:00 a.m. and returning around 2:00 p.m. on Saturday.
Cost: $10 for seniors in groups of 10 or more. $2 transportation and parking; meals on your own.
LeMay – America’s Car Museum (ACM) spotlights America’s love affair with the automobile with a four-story museum, one of the largest in the world. It will house more than 350 cars, trucks and motorcycles. This facility will showcase more than a century of automotive lifestyle and history, as well as the future of transportation. Plus, this Saturday has a special “Drive the Blues Away” event: where car enthusiasts can enjoy live music, gourmet light bites, and samples from local distilleries and breweries.

Friday, February 20th through Monday February 23rd
Dixieland Jazz festival at Seaside, Oregon
This is a Heritage House van trip
Leaving gravel lot behind police station at 8:30 a.m. on Friday and returning around 6:00 p.m. on Monday.
Cost: $10 for Transportation; $85 for 3-day badge. Pay $95 to BL Area Seniors at sign-up. Hotel Room (Inn at Seaside) approx. $70 per person per night. Pay at check-in. Plus $20 cash per person for bus rental.
Room Sunday night is reduced price. Meals on your own.
The Jubilee is a weekend of music, fun, and friendship dedicated to presenting the Traditional Sounds of a "True American" art form. Monday will be a day to play in Seaside and Cannon Beach.

4th Thursday of each month
Red Wind Casino Trip
Leaving Grocery Outlet at 9:00am
Cost: $2.00
Check for new date in the future.

Saturday March 14th
Roslyn Museum and Wild Horse Wind and Solar Facility
This is a Bonny Lake Senior Center bus trip
Leaving Senior Center at 8:00 a.m. Saturday. Returning at 6:00 p.m. on Saturday.
Cost: $20 for transportation; $5 for admission. Pay $25 to BL Area Seniors at sign-up.
Explore the way of life unique to a company town, with a richly seasoned ethnic mix of at least 20 different nationalities. This near ghost-town was home to the TV series Northern Exposure. Later, at the wind farm, after lunch in Ellensburg, we will discover just how many homes can be energized by one of those 120 foot towers with the 90 foot propeller blades.

Friday March 20th
Mystery Trip
This is a Bonney Lake Senior Center bus trip
Leaving Senior Center at 8:30 a.m. Friday. Returning at 4:30 p.m. on Friday.
Cost: $10 for Transportation; $20 for admission. Pay $30 at sign up.
Meals or snacks on your own.
Heading south from Bonney Lake we will stop in Lacey for a morning snack before going on to our destination. The morning part of this trip will be an on-the-bus tour. After lunch we will be involved in an outdoor activity. Come and experience a “high energy” mystery. Be sure to bring your camera and layered clothing, especially a waterproof outer shell.

Tuesday local walking trips will be:
January 6th - Lakeland Hills Sunset Park
February 10th - Allan Yorke Park to BL Blvd
March 10th - Lake Bonney Loop
All walking trips will depart from Senior Center at 2:30

Tuesday park walking trips will be:
January 27th - Spanaway Lake State Park
February 24th - Point Defiance Western Bluffs Trail
March 24th - Dykstra Park in Auburn
All walking trips will depart from Senior Center at 2:30.
Bridge & Pinochle
Mondays 10:00am - 11:30am
Thursdays 1:00pm - 3:00pm
Our groups are ever-growing and we are always looking for new card players. Whether you are a seasoned veteran or a newcomer to the game please join us for a no holds barred game of fun!

Mexican Train Dominos
Mondays at 1:00pm
All aboard for the best train ride in town! Join the fun and laughter with the group of fun domino players. Come in to the center on Mondays for lunch and stay for a game of Mexican Train Dominoes. No experience required! See you at the Train Station!

Knitpickers
Wednesdays 9:00am - 10:30am
If you enjoy knitting or crocheting, we welcome you to our group of creative seniors! Join us on Wednesday mornings for the Knitpickers group and see what is going on. Our crafters regularly donate their creations to an organization for ill and injured children called “From Our Heart”. We will also take donations of freshly washed completed baby blankets and lap robes to donate to “From Our Heart”. This organization provides Afghans and quilts to over 20 local facilities from hospitals to the Tacoma Rescue Mission Family Shelter, to name just a few. Brighten a child’s day!

Woodcarving
2nd & 4th Mondays at 9:30am
Ever wonder what it would be like to learn something new and then have something to show for it? Well, here is a perfect opportunity. Gary Roth, our resident woodcarver extraordinaire, would love the chance to teach you a new craft.

B I N G O! CASH PRIZES!
Wednesdays at 1:00pm ~ Adult Bingo players must be 18 or older to play.
Fridays at 7:00pm ~ Family Bingo is open to all ages.
Games will begin at the times listed above. Please arrive early to get your seat and purchase your game cards.
The Bingo committee is looking for dedicated volunteers to help with all aspects of Bingo. If you would like to help keep Bingo alive here at the center please see Sue Hilberg or Vi Brown to volunteer. Bingo is our main fundraiser and it helps supplement foot care, trips, special events and more! Help keep our programming going by telling your friends and family about Bingo so they also come in!

Monthly Craft Sale
1/9, 2/13, 3/13 10:00am - 1:00pm
Please come support our local crafters. Many of these items would make wonderful birthday gifts! If you are a crafter and would like to have a table, sign up in the programs binder. The cost to be a vendor is $5 payable at sign up. Please see Jan in the office for more information.
Yesterdays Soup & Crackers
1st and 3rd Tuesdays at 9:30am
Jonnie will be here to share her love of music and lead an all-acoustic jam. Come and listen to a great band or bring your instrument and join them!

The Gettogethers
2nd & 4th Tuesdays at 9:30am
Open Electric Jam Session. All those with vocal talents are encouraged to come join in as the music takes over! When there is a 5th Tuesday in the month we will have an open jam session.

Community Blend with Tom & Renee Brooks
3rd Thursdays at 10:00am
Tom and Renee are here with their amazing vocal stylings! Come tap your toes and even make requests! Tom loves to play the songs you enjoy.

Book Club
1st & 3rd Tuesdays at 1:00pm
You can join the Book Club anytime. There is no charge for the books. See Kathy Nelson if you have any questions or would like to join.

Shopping Trips
Mondays
1:00pm - 3:30pm
Let’s break the bank and do some shopping! Phil will be leaving at 1:00pm to take seniors home and also drop people off to do some light shopping. You will be dropped off at Wal-Mart, Fred Meyer, or Safeway. Please let Phil know you would like to go shopping by 9:00am that day.

Bread/Bakery Donations
Mondays & Wednesdays
Donations are available from 10:00am - 4:00pm daily when available.
Twice a week volunteers pick up donations from Safeway. We ask that you please bring in your reusable shopping bags to take home items for your household. Don’t forget to sign in when you arrive so we can track how well this program is being utilized.

The New Band
1st Thursdays at 10:00am
John, Sandi, Jesse, and Archie will be here the first Thursday of each month to rock this place! Come enjoy these great entertainers!

Errice & Alice
2nd & 4th Thursdays at 10:00am
Errice & Alice play some beautiful music! Come dance or just listen!
From old country favorites to old time Rock n Roll!

The Joy of Writing
Tuesdays at 1:00pm
Whether you like to write poetry, fiction, non-fiction, or a memoir, one of the most effective ways of setting your inner-author free is through the companionship and encouragement of other like-minded souls. Join us anytime!
**CLASSES & PRESENTATIONS**

**AARP Drivers Safety Program Class**  
*Friday April 24th*  
*9:00 am - 5:00 pm*  
*Cost: AARP member $15.00, nonmember $20.00*  
The AARP Driver Safety Program is the nation's first and largest course for drivers age 50 and older. The program has helped millions of drivers protect their safety on today's roads. AARP has offered its classroom course since 1979. Call to reserve your spot or sign up in the programs binder for this class.

**Intro to Computing w/Sue**  
*Mon. & Wed. 1/5, 1/7, 1/12, & 1/14 10am-11am*  
Learn to personalize your computer, manage files, and how to use accessories.

**HEALTH & WELLNESS**

**Senior Footcare**  
*1/9, 2/13, 3/13*  
*Cost: $23 per person*  
Senior Footcare is a visiting health care service for seniors, diabetics and others who have difficulty taking regular care of their feet. All work is done by R.N.’s and L.P.N.’s by appointment only. Sign up for an appointment in the programs binder. Don’t forget to bring a towel with you to your appointment!

**Chronic Conditions Support Group**  
*Monday 1/5, 2/2, 3/2 10:30am-11:30am*  
All groups will be hosted upstairs in our computer lab. Remember we have an ADA accessible ramp on the back side of the senior center for your use.

**Medicare Disenrollment with Doug Reynolds**  
*Wednesday January 28th 10:30am-11:30am*  
The deadline to change your Medicare choices is Feb. 14. See Doug in our upstairs classroom to learn your options.

**United Health Care with Wes Suiter**  
*Wednesday March 11th 10:30am-11:30am*  
Getting to know the ABC's of Medicare. Wes Suiter will show you the eligibility requirements, enrollment periods and more upstairs in the computer lab.

**ANNOUNCEMENTS**

**Daylight Savings Time Begins!**  
Sunday March 8th. Don’t forget to set your clocks forward Saturday Evening!

**Legacy Giving**  
It’s more than an act of generosity, it’s an important investment in the future of our center. To be a part of this fine tradition, please ask your attorney to add this, or other suitable language, to your will:  
“I give, devise, and bequeath to Bonney Lake Senior Center [insert: dollar amount, percentage of estate, description of real estate or other property, nature of gift, or remainder of my estate].”  
Tax ID number 91-1140824, 19304 Bonney Lake Blvd., Bonney Lake, WA 98391  
Contact Senior Services Manager, Sue Hilberg to discuss legacy giving.  
Please consult a qualified estate planner before making a gift in your will.
Birthday Celebrations!

1/22, 2/26, 3/26 at 11:30 am
During the month of your birthday come in and pick up your FREE birthday lunch ticket to use anytime!

January Birthdays

February Birthdays
Ellen Roth, Nadine Willadson, Kathleen Oneida, Jeanne Frazier, Quinn Dahlstrom, Earnestine Pearl, Norman Williams, Nona Smith, Anna Courneya, Pat Dewey, Myrtis Mason, Penny Brock, Vi Brown, Jesse Powell, Jim Baisch, Valerie Ktenas, Joyce Johnson, Helen Warrick, Lucille Hilton, Dan Tatro, Immalee Harvey, Jenny Jennings, Phyllis Griffith, Julianne DeLeo, Suzie Davison, and Marcella Lewis.

March Birthdays

Senior Center Closures
The Senior Center will be closed on New Year’s Day, Martin Luther King Jr. Day on Monday, Jan. 19th and Monday, Feb. 16th for Presidents’ Day.

TIDBITS FROM THE KITCHEN

Something is always sizzling in the kitchen!

Here is the chef coat signed by classmates when I graduated culinary school. Now, many years later, I have the matching hat signed by many of you!! I am honored to be your chef ~ Thank You!
Hot meals are served Monday thru Friday, unless otherwise noted on the menu. A complete salad bar is offered along with the hot meal Monday through Thursday.
Dessert is offered daily. Lunch service is from 11:45am to 12:15pm. Holiday meals are generally served from 11:30am to noon.

Please ask for smaller portions if you feel that you are unable to eat a full plate and remember that there are containers available to take any food home.

The following suggested donations are asked:

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<thead>
<tr>
<th></th>
<th>Senior 55+</th>
<th>Non-Senior</th>
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<tbody>
<tr>
<td>Full Meal</td>
<td>$4.00</td>
<td>$6.00</td>
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<tr>
<td>Salad Bar Bowl</td>
<td>$2.00</td>
<td>$3.00</td>
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<tr>
<td>Salad Bar Meal (Plate)</td>
<td>$3.00</td>
<td>$5.00</td>
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<tr>
<td>Hot Meal Only</td>
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<td>Friday</td>
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<td>Holiday/Special Event Meals</td>
<td>See newsletter events for exact cost.</td>
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A Friendly Reminder
We are known as a friendly senior center. One reason for our friendliness is that we do not save seats. Only under special circumstances will seats be reserved. When new people come in to the building we want to freely welcome them. We want them to feel comfortable to sit wherever they want. Let’s all try to remember this as we share our center with others.

Our goal is to provide a wonderful hot meal and a great environment for you to enjoy. Please share any suggestions or ideas with us in order for your time here to be filled with good memories!

It is important that we have an accurate attendance count for our holiday/special event meals so adequate food supplies are purchased. Please sign up in the programs binder and prepay for all special events.

Aluminum Can Drive
We would like your aluminum cans! Phil will take them to recycle. All the money will go into our Senior Center fund. If possible please bring crushed cans in.

Thank You!
The Bonney Lake Senior Center, Advisory Board, and staff would like to thank the following businesses and individuals for their support and/or event sponsorships over the past quarter: Bonney Lake Kiwanis Club, Bonney Lake Lion’s Club, Safeway, Fred Meyer, Health Care Providers Council, Sumner School district students and families for canned food, Victor Falls Choir, Urban Timber Coffee, Cyndi and Jerry Dodds, Boeing, Green Mountain Coffee Roasters, Sherry Creson and Russ Bartels, Cheri Brown, Ernie Gilmer, Claude Brown, Stafford Suites, Cedar Ridge, “Oh, Fudge”, Take Root Farm, Mary Sligar’s Upholstery and many other anonymous donors.
If you would like to make a donation or sponsor an event, please call for more information!

Be Prepared
With winter weather upon us the BLSC staff thought it would be a great idea to help you prepare in the event that you become stranded in cold weather.

- Tie a brightly colored cloth to the antenna as a signal to rescuers.
- Move anything you need from the trunk into the passenger area.
• Wrap your entire body, including your head, in extra clothing, blankets, or newspapers.
• Stay awake. You will be less vulnerable to cold-related health problems.
• Run the motor (and heater) for about 10 minutes per hour, opening one window slightly to let in air. Make sure that snow is not blocking the exhaust pipe—this will reduce the risk of carbon monoxide poisoning.
• As you sit, keep moving your arms and legs to improve your circulation and stay warmer.
• Do not eat unmelted snow because it will lower your body temperature.

In addition, don’t forget to add to your emergency disaster preparedness kits:

**Grocery Store:**
*Please remember that food and drink items need to be adjusted for your family size. If you have a family of four, you will need to purchase four cans of juice.*

**Inclement weather schedule**
In the event of snow or ice covered roads, the senior center bus will not run when local schools are closed or delayed. The Bonney Lake Senior Center operates on the same schedule as the Sumner School District.

**Action Step:** Locate the closest pay phones to your home.
**Additional:** Make sure all pet vaccinations are current and obtain medical records from veterinarian for disaster records kit. Keep emergency supply of any special pet medication needs.

**Action Step:** Make sure to photocopy ALL important documents (e.g. driver’s license, medical prescriptions, insurance info, will, passports, etc.) and store in a plastic bag.

Don’t forget Fido and Fifi as they will need you too:

• Pet litter and box
• Extra water
• Pet first aid kit

Please do not hesitate to ask any staff member if the center will be open as a warming center if there is an impending storm. We will do our best to keep you informed about the weather situation as it affects the operation of the center.